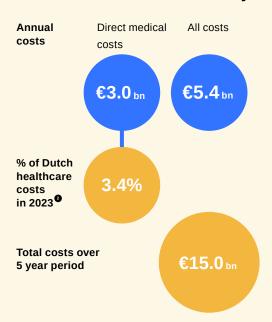
## Malnutrition in healthcare

A common problem with high costs



One in four to five patients in Dutch hospitals, care institutions and home care is malnourished.

#### **Untreated malnutrition costs** the Netherlands a lot of money



# **Treatment pays off**

Better for the patient and saves costs



Treatment of malnutrition consisting of dietary treatment with oral nutritional supplements when necessary has many benefits.

#### Considerable cost savings



5 year period Investment Year of in treatment occurrence



### The consequences are substantial





Increased mortality risk Lower quality of life

More complications and infections

Longer admission

Poorer wound healing

 Richtlijn ondervoeding. Herkenning, diagnosestelling en behandeling van ondervoeding bij volwassenen. Stuurgroep ondervoeding. (Malnutrition guideline. Recognition, diagnosis and treatment of malnutrition in adults. Steering Group Malnutrition), 2019.

\* Estimate

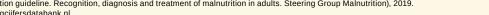
#### The benefits are substantial



**Patient** Higher quality of life

The treatment of malnutrition is very cost-effective: the costs per healthy life year gained (QALY)\* are well below the willingness to spend.





2 www.zorgciifersdatabank.nl



Malnutrition in healthcare: treatment pays off. A health economic analysis of malnutrition in the Netherlands.

A2M. 2024

Read the full health economic analysis of malnutrition in healthcare at vnfkd.nl/malnutrition-in-healthcare

